**PE MAKE-UP POLICY**

* Students must make-up all excused absences
* Unexcused absences cannot be made up; detentions are assigned for skipping class
* Students are NOT required to make-up absences due to field trips
* A make-ups consists of completing 8 laps on the track; jogging the straights & walking the curves, if needed
* Indoor make-ups during inclement weather consist of accumulating 30 minutes in the target heart rate zone while working out in the cardio room